

Woodlupine Family & Community Centre

88 Hale Road, Forrestfield

For further information on the activities listed contact the numbers below or phone the City of Kalamunda on 9257 9958.

The Woodlupine Family & Community Centre has rooms available for hire for activities, small functions, conferences, weddings & parties.

For more information, phone 9257 9957.

Monday

9:30am – 12:30pm	Chorus Fit	9435 1380
10:00am – 12noon	Forrestfield Autumn Club	9453 3160
5.30pm - 8.30pm	Madjiti Moorna Inc.	0409 116 460
7.30pm to 9.00pm	Maitreya Healing & Spiritual Sanctuary	0438 905 210

Tuesday

10:00am – 12noon	Seniors Coffee Lounge	9257 9958
9:15am – 11:15am	Signing Hands	0437 803 978
9:30am – 10:30am	Prime Movers	0437 067 894
1:00pm – 3:00pm	Forrestfield Seniors Leisure Group	0438 414 472
8:00pm – 9:30pm	Wattle Grove Residents Assn (3rd Tues in Oct & Dec)	0400 789 480

Wednesday

10:00am – 12noon	Seniors Coffee Lounge	9257 9958
1:00pm – 3:00pm	Forrestfield Senior Citizens Indoor Bowls	9291 0412
6:00pm - 7.30pm	Taoist Tai Chi Society	9371 7033
6:30pm – 9:30pm	Maitreya Healing & Spiritual Sanctuary	0438 905 210

Woodlupine Seniors Coffee Lounge

Open Tuesday to Friday 10am-12noon

Come and join our friendly volunteers for morning tea or coffee. There is no charge but we do appreciate a coin donation. A great way to make friends & find out more about the great range of activities available at the community centre.



Breathe To Live: Available by Appointment Only - 0457 333 520

Thursday

10:00am – 12noon	Seniors Coffee Lounge	9257 9958
8:00am – 2:00pm	Podiatrist-fortnightly: <i>bookings essential</i>	6494 0135
9:00am – 12:30pm	Child & Adolescent Community Health (1st & 3rd Thurs)	6151 1301
10:00am – 11:00am	Tai Chi for Seniors	9454 6336
10:00am – 12noon	GROW Support Group	0415 096 222
1:00pm – 3:00pm	Forrestfield Senior Citizens Travel & Social Club & Social Club	9454 5371
6.00pm - 7.00pm	GKR Karate	0422 878 497

Friday

10:00am – 12noon	Seniors Coffee Lounge	9257 9958
9:30am – 10:30am	Prime Movers	0437 067 894
1:00pm – 3:00pm	Retirees WA (1st & 3rd Friday)	9454 7378

Saturday

9:30am – 12noon	Society of Woodlupine	0403 954 166
10:00am – 2:00pm	Forrestfield Eggers and Craft Group	0418 911 382
12.00pm - 4.30pm	United Church of God	0408 095 081

Sunday

9.00am - 1.00pm	The Way Christian Church	0412 226 423
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City of
Kalamunda

www.kalamunda.wa.gov.au

